



Balance In Motion LLC

Qi in Chinese Medicine is energy and movement. Yin and Yang are about balance and harmony. These are the basics of Chinese medicine: movement, energy, and balance. Acupuncture is an aspect of Chinese medicine that works energetically through various points in the body to maintain balance and movement.

Elements such as stagnation, depletion, and energy that is misaligned can cause symptoms. Symptoms are messengers when balance is altered. Symptoms such as pain, fatigue, loss of appetite, brain fog, depression, anxiety are some of the symptoms caused from imbalance.

Acupuncture is only one aspect of creating balance. Lifestyle to include diet, exercise, stress reduction, and, yes, medical treatment is also important.

If you would like to experience just a touch of balance through acupuncture I would recommend my "Feel Good" treatment just to see if you like acupuncture and it is for you.

A Doctor of Acupuncture who not only graduated from acupuncture school in the United States but studied in China as well taught my program. He is also a Nurse Practitioner. Because Nurse Practitioners are trained as healers first and medicine second, he felt our profession would be perfect in performing acupuncture where the practitioner is the medicine. He worked hard to get the program accepted for Nurse Practitioners and we are now accredited through the American Nurses Association. Several states to since then have approved Nurse Practitioners to perform "acupuncture procedures" as not to intrude on acupuncturists who solely provide this modality.

I have personal experience with acupuncture and its healing affects. I have gone to acupuncturist and have practiced on myself. I feel it is a modality worth experiencing. Medicine was not able to help me when acupuncture could. I am very excited to provide this service for those who benefit. I have also provided reasonable costs, so it is more accessible.

If you have any questions call 406-544-0360. If you would like an appointment message through FB messenger. I can even travel to your home if you desire, and your location is reasonable. Your first treatment is 20% off to evaluate if this is the modality for you.